

Tofu and Asparagus Sauté

Preparation time: 25 min

Difficulty: Easy

Ingredients

- Asparagus: 3.5 oz.
- Black pepper: to taste
- Leek: 1
- Oil: q.b.
- Paprika: to taste
- Salt: q.b.
- Tofu: 10 oz.



Preparation

Dice the tofu and sauté it in a pan along with the chopped leek.
Meanwhile, steam the asparagus and leave them a slightly crunchy.

Cut them in pieces and add them to the pan with the tofu. Continue to cook.
Add the paprika, salt and pepper.

Add Pomì diced tomatoes and let cook until the water in the tomato sauce has evaporated, at least 15 minutes.

For this recipe we used:

Chopped Tomatoes
14,1 oz

